



# Entry Form Instructions

Please Read before completing the Entry Forms

1. Completed All-Ireland Entry Forms are to be sent by E-Mail only. Entries sent by post will no longer be accepted.
2. Send as a **Word Document** only, do not send as a pdf.
3. If you have any problems Downloading, Completing or Sending the form, you can contact me (John Flynn) at **087 9134519** or e-mail me and I will be happy to help as best I can.
4. Save the form as a file '**All-IreEntry2019 'YourClub'** on your computer and complete it 'On Screen' and return it by e-mail to [johnflynn@eircom.net](mailto:johnflynn@eircom.net) . I will send you an acknowledgement of receipt by return e-mail.
5. Should you need to make any alterations to your race or crew line up, you can simply make the necessary adjustments to your own soft (electronic) copy, highlighting the amendments and e-mail the amended document direct to me. Again, I will send an acknowledgement.
6. On pages 2, 3, 4 & 5, the **Race Entry Pages**, place an 'X' in the relevant boxes for each crew entered and enter the number of crews in each race in the last line.

Race:		Example of how to fill out the grid			
		1 Crew Entered	0 Crews Entered	3 Crews Entered	2 Crews Entered
Abbreviation:					
Place a 'X' in each box as appropriate.	Crew 1	X		X	X
	Crew 2			X	X
	Crew 3			X	
	Crew 4				
	Crew 5				
Course/Distance:					
Total Number of Crews Entered per race:		1		3	2

7. It is permissible to enter as many crews in each race as you like subject to the following conditions

Clubs may enter as many crews per race as they wish subject to the following conditions.

- a) In the Ladies' and Men's categories, a club cannot enter a second crew in either the Intermediate, Junior or Senior races unless they have entered at least one crew in the other two races. Similarly, they cannot enter a third crew in one unless they have entered two crews in the other two races, and so on.
- b) If one crew from a club is deemed to have deliberately or negligently committed a foul which benefits another crew from the same club, then both crews will/may be subject to penalty/disqualification.

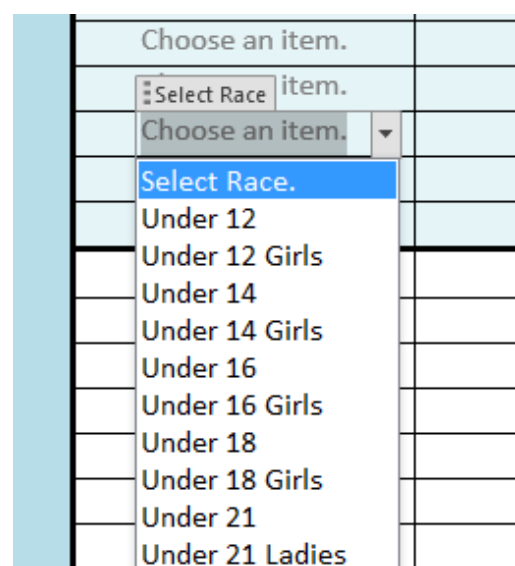
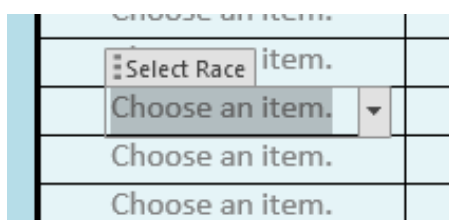
8. The Given Race Running Order will be confirmed at the time of the Draw. Based on previous experience, the Race Order once published may still be subject to change due to weather or other unforeseen circumstances. **Refer to the last 2 pages of this guide for information on the race running order.**

9. Closing Date for Receipt of Entry Forms is **Wednesday 31<sup>st</sup> July 2019.**

10. After submission of your original entry form, should you require to make amendments, please **highlight** them so that they can be found easily.

11. In the Traditional / Regional Boat Races, (Open Classic, Heritage & Gigs, etc.) Crew Members are not required to be registered. Similarly the rules applying to Composite crews do not apply. Details of these crews are simply required for the purposes of the Prize Giving Ceremony only and to distinguish each crew where a club enters more than one crew in an Open Race.

12. To enter the race name in the first column of the Crew list, click on the cell and the Drop Down Menu will appear. Click on the down pointing Arrow and the race options will appear.



Then click on the desired race. Repeat as necessary.

- 13.** When a club enters more than one crew in a race, the crews will be placed in the draw based on the order they are given in crew list, i.e. Crew No. 1 will be Crew A in the Draw. Crew No. 2 will be Crew B and so on. Clubs are not permitted to allocate their crews to their chosen berths after the draw. Crews found to have switched berths will both be disqualified.
- 14.** When necessary on the form, Change Crew A to Crew B with a Drop Down Menu similar to the Race Selection procedure.
- 15.** In the Crew List Club Column, it is not necessary to enter your club's name every time, one single time is sufficient and I will fill in the remainder.
- 16.** The numbered positions 1 to 6 on the form have no meaning as regards the crew members position in the boat, just how many rowers are entered in that particular crew Panel. Generally, 4 rowers out of the Panel of 6 can row.
- 17.** In the Celtic Yawl Races (One-Design) Only one Person from each crew panel can be a Composite Member (from another club), to indicate a Composite Member simply enter the name of the club of which the panellist is a member in the last column.
- 18.** The Crew List for the Celtic Yawl Races can be found starting on page 6.
- 19.** The Crew List for the Traditional / Regional Boat Races can be found starting on page 14.
- 20.** Composite Rules & Registration Rules do not apply for the Traditional / Regional Races.



The Code of Ethics and Good Practice for Children in Coastal Rowing section is on pages 20 & 21. You only need to complete these if you have children under the age of 18 competing.

Specifically, two items in the Code of Ethics and/or Rule Book that will now affect clubs entering crews in these two categories.

- 22.** All Coxswains in charge of Children's Crews (Crews Under 18 and younger) must have attended a Child Welfare Course organised and given by a Sports Council approved body and they must hold a valid and current (in date) certificate. All such Coxswain's names must be supplied in '**Child Welfare: Part 1**' section of the form.
- 23.** All Coxswains in charge of Children's Crews (Crews Under 18 and younger) must have been Garda or Access NI Vetted.
- 24.** Like all large sporting events, photographic images will be taken at the All-Ireland Coastal Rowing Championships. It is recommended that we obtain Parental Consent to publish photographic images where close ups of Children are used and/or their names are given (for example on our website or in the print media).
  - a. At the moment, It is not practical for us to have to receive individual consent forms from every parent so we are asking each club to obtain such consent from the Parents of their Underage Members and advise us by completing '**Child Welfare: Part 2**' on the page 21.
  - b. **Please note that failure to complete this section will be taken by us as permission being refused and photographic images will not be published of any Underage crews from your club.**
  - c. There is no issue with the taking and publishing of photographic images of children's crews where the subject matter is clearly about the sporting action and is not concentrating on, or specifically identifying individuals in the boat and this practice will continue as normal.
    - **Please Note we will not go chasing clubs for this consent form, it is each club's own responsibility to ensure that it is submitted on time.**



# Entry Fee Instructions

Please Read before completing these forms

25. Print **page 23 Entry Fees** only. (Can be downloaded separately to Print)
26. Complete the Form.
27. **Entry Fees, Important Information:** Because the ICRF is now bearing the full cost of running the All-Irelands from its own limited resources, unfortunately we have had no choice but to increase the costs to clubs of taking part in the Championships. The additional charge will be by means of a single **€10 charge per person** taking part. This €10 charge will only apply once per individual so even if the individual participates in multiple races, only one €10 charge will apply for that person. *Any individual who registered in the current year will be exempt from the €10 charge.* The **€20 per crew Race Entry fee** will continue to apply. Club Entry Fees no longer apply.

The ICRF Apologises to clubs for imposing this charge but with the rising cost of running the event and the Federation itself bearing the full cost it has to raise the funds from somewhere and this method is the most equitable.

28. The completed **Entry Fee Form** along with **Fees, Insurance Documentation & Life Jacket Certification/Documentation** must be sent by post to:

Johanna King,  
Cromane Upper,  
The Lake,  
Killorglin,  
Co. Kerry

29. Closing Date for Receipt of Entry Fees is **Friday 2<sup>nd</sup> August 2019.**

# Remember

## Entry Forms

**By e-mail:**

[johnflynnner@eircom.net](mailto:johnflynnner@eircom.net)

### Check List:

- ✓ Club and Race details on Pages 1, 2, 3, 4 & 5.
- ✓ Crew Lists from Page 6 onwards.
- ✓ Crew Lists for Traditional/Regional races from page 14 onwards.
- ✓ Details of Coxswains Child Welfare certification on page 20.  
(Only required when you are entering Children's Crews U18 & Younger)
- ✓ Page 21, Parental Consent Information Regarding the use of the photographic images of Children.  
(Only required when you are entering Children's Crews U18 & Younger)
- ✓ Details of Club's Child Welfare Officers on Page 19 (as above).
- ✓ GDPR - Read, Tick, & Sign.

## Entry Fees

**By Post:** (Page 23 only)

Johanna King,  
Cromane Upper,

The Lake,  
Killorglin,  
Co. Kerry

## Check List:

- ✓ Completed Entry Fee Form on Page 23
- ✓ Appropriate Fees
- ✓ Proof of Insurance Documentation (preferably a photocopy)
- ✓ Proof of Suitability for Purpose of Life Jackets



[www.coastalrowing.net](http://www.coastalrowing.net)

**Irish Coastal Rowing Federation Ltd.**

# Life Jackets



# Important information

Lifejackets must be carried in all boats in accordance with the rules and civil law.

**Refer to rule H.15. for precise information regarding the carrying and wearing of Lifejackets.**

It is not enough to simply wear or carry a Life Jacket.

The Life Jacket must be Fit for Purpose.

This includes the need for the Life Jacket to be in a good state of repair.

For that reason, the Irish Coastal Rowing Federation has ruled that:

Proof of Fitness for Purpose must be provided for all Life Jackets in use at the All-Ireland Coastal Rowing Championships.

This proof of fitness for Purpose must be submitted along with the Entry Fees allowing it to be inspected by the National Safety Officer.

**Proof of Fitness for Purpose can be either of the following:**

1. A valid (usually within 2 years) Certificate of Servicing provided by a competent Life Jacket Servicing Centre or Supplier.
2. If the Life Jacket is Under 2 years old, a Receipt of Purchase will suffice.
  - In both cases, the Life Jacket may additionally be subject to a visual inspection by the Federation Safety Officer to check for signs of wear/damage.
  - **The Safety Officer's Decision will be Final.**



# Race Running Order

The following is a copy of the running order which was used in 2014. There were no complaints last year to this running order, so it is intended to adhere as closely as possible to this running order once again.

## Exceptions are:

- The **Masters Mixed** race will be run on **Friday**. If heats are required, the heats will be on Friday and the Final on Sunday.
- If there are no heats required, the **Under 21 Ladies Final** will be run on **Saturday**.
- Races on Saturday are indicative only as it will depend on the numbers of entries as to whether heats will/won't be run.
- Finals shown for Saturday, will be run on Saturday unless heats are required, in which case the heats will be on Saturday and the Finals on Sunday.
- Finals shown for Sunday, will be run on Sunday. If heats are required, the heats will be on the Saturday.
- Every effort will be made to adhere as closely as possible to the spirit of this running order but ultimately, the numbers of entries will be the deciding factor when setting the final running order.
- Similarly, it may be necessary to make changes to the running order in the event of extreme weather or other conditions outside of our control.

## **Proposed Friday Race Order**

1. **Open Classic Ladies**
2. **Heritage Men**
3. **Gigs (Kerry / Cork) Men**
4. **Celtic Longboat Ladies**
5. **Men's Killarney Sixes**
6. **Ladies 800m Sprint (One Design)**
7. **Heritage Under 18 Boys**
8. **Masters Mixed (One Design)**
9. **Heritage Under 18 Girls**
10. **Open Classic Men**
11. **Gigs (Kerry / Cork) Ladies**
12. **Heritage Ladies**
13. **Men's 800m Sprint (One Design)**
14. **Ladies Killarney Sixes**
15. **Celtic Longboat Men**

## **Start of racing is proposed for 2pm.**

- ♦ **Other Heritage races,**
- ♦ **St. Ayles Skiff races (if Required),**

It is intended to run all of these races on the Saturday &/or Sunday. Actual running order will be agreed in consultation with the relevant associations at the Draws Meeting on Saturday 3<sup>rd</sup> August.

- ♦ **Naomhóg races,**

Naomhóg Races will be run as part of the Dingle Regatta and will be run over the traditional Dingle Regatta course under the rules and stewardship of the Dingle Regatta Committee. The Dingle Regatta Committee

will provide all Naomhógs for these races. If clubs wish to try their hand at Naomhóg racing please let us know and we will provide you with contact details.

- ♦ **Killarney Sixes & Gigs races.**

The Killarney Sixes & Kerry/Cork Gig races will be run over straight courses

- ♦ **Men's Seine Boat race.**

It is proposed to run this race on the Saturday evening. Actual time will be arranged in agreement with KCRA.

- ♦ **Ladies Seine Boat race.**

It is proposed to run this race on the Sunday evening. Actual time will be arranged in agreement with KCRA.

The following are typical Race Orders which were used in previous years. These are an aspiration only. Actual Race Order will be agreed based on the numbers of entries in the various categories received. Indication of Heats in a particular category cannot be taken as a guarantee that there will be heats in that race.

## **Previous Saturday Race Order** *(Heritage & Skiff races will also be run on Saturday)*

1. **Mixed Veterans** – Heats
3. **Under 12 Girls** – Heats
5. **Under 21 Ladies** – Heats *(or Final)*
7. **Senior Mixed** – Heats
9. **Under 16's** – Heats
11. **Pre-Veteran Ladies** – Heats
13. **Under 14 Girls** – Heats
15. **Under 18 Ladies** – Heats
17. **Masters Ladies** - Final
18. **Masters Men** – Final
19. **Under 18's** – Heats
21. **Pre-Veteran Mixed** – Heats
23. **Under 12's** – Heats
25. **Under 16 Girls** – Heats
27. **Veteran Ladies** – Heats
29. **Pre-Veteran Men** – Heats
31. **Under 14's** – Heats
33. **Intermediate Ladies** – Heats
35. **Junior Ladies** – Heats
37. **Intermediate** – Heats

## **Sunday Race Order** *(Heritage & Skiff races will also be run on Sunday)*

1. **Veteran Men**
2. **Veteran Ladies**
3. **Senior Mixed**
4. **Under 21's**
5. **Under 12's**
6. **Pre-Veteran Mixed**
7. **Under 16 Girls**
8. **Under 14's**

9. Under 18's
10. Under 12 Girls
11. Pre-Veteran Ladies
12. Pre-Veteran Men
13. Under 18 Ladies
14. Under 14 Girls
15. Under 16's
16. Mixed Vets
17. Intermediate Ladies
18. Junior Ladies
19. Senior Ladies
20. Intermediate
21. Junior Men
22. Senior Men

**Final running order will be agreed in consultation with the relevant associations on Saturday 4<sup>th</sup> August.**